The Signs

- High Temp
- Chills
- Shortness of Breath
- Fatigue
- Cough
- Chest Pain

Avoid Storms

Even healthy people can get it

Water Your Dirt

Walls Fever

Ask Your Doctor For a Test!
Valley Fever

Fungus in Dirt

Signs and Symptoms

Stay out of Blowing Dust

People and Pets can get it

Wet Dirt before Disturbing

See a Doctor to get Tested
VALLEY FEVER

FUNGUS

STAY OUT OF BLOWING DUST

EVEN PETS

VALLEY FEVER VS. THE IMMUNIZATION SYSTEM

WET THE GROUND!

SYMPTOMS

ASK YOUR DOCTOR

TEST

CONTAGIOUS
Avoid
Stay away from blowing dust

Valley Fever can affect pets as well

Valley Fever and COVID19 can have similar symptoms
- coughing
- vomiting
- dizziness
- fatigue
- rash

Ask a doctor to test you if you think you have Valley Fever

Wet the ground before disturbing the soil

Valley Fever
valley Fever
VALLEY FEVER

Symptoms:
- Shortness of breath
- Coughing
- Rash
- Pain in chest
- Coughing Exhaustion

See a doctor to get tested

Valley fever can be RASHES!
Breathing in Fungus can cause infection in Lungs!

Fever

Stay out of blowing dust

Dogs can also get Valley fever
Beware COVID-Like Symptoms

VALLEY FEVER

Help us.....
Wet the soil next time, I'm in pain.

*sniff* *
*sniff*

!!

Take me... to the doctor... please.....

Fungus that can get in the lungs from soil??
I should wet the soil to protect myself before using it then...

Healthy people and pets can get Valley Fever... even me?!!
Valley Fever is a rare fungus. There is less than 200,000 US cases per year.

- Cause by fungus
- Symptoms:
  - Coughing
  - Rash
  - Pain in chest
  - Shortness of breath

Did you know Arizona and California have most cases of Valley Fever.

See a doctor to get a test.

Stay away from blowing dust.
Valley Fever

Anyone can get it!
Even healthy people!
Know your symptoms of valley fever!

Stay out of blowing dust!

Wet the ground before disturbing any soil!

Covid-19 and Valley Fever have similar symptoms such as:
Cough, fever, exhaustion etc.
VALLEY FEVER
Valley Fever

Watch for fever, cough, chills, and chest pain.

Stay out of dust! Stay safe
Becairfil

Do not go in Dust

Ha'ley

Valley Fever

Valley Fever
Infeción provocada por el hongo coccidioides también conocido como "Fiebre del valle."

Infection caused by the fungus coccidioides also known as "Valley Fever."

Datos:
Afecta también a animales domésticos.
This can affect animals.
Numerosos casos reportados en el estado de Arizona.
BE CAREFUL!

Valley Fever!

Covid-19 and Valley Fever can have similar symptoms!

Dogs can also have Valley Fever!

Stay away of dust!

Stay at home!!
VALLEY FEVER IN AZ

MUSCLE
PAIN

COUGH

SHORTNESS OF BREATH

HEADACHE

CHEST PAIN

ASK YOUR DOCTORS TO BE TESTED

FEVER
Valley Fever

Night Chills?
Fever?
Cough? Rash?

Headaches?
Pity?

Chills? Fatigue?

Get Tested
ANYONE CAN GET VALLEY FEVER!

KNOW THE SIGNS AND SYMPTOMS OF VALLEY FEVER
Valley Fever

Covid? Check!

Valley Fever can have similar symptoms as Covid-19. Get tested if you think you have Valley Fever.

Dust

Stay out of blowing dust!

Pets

Everyone can get Valley Fever, even pets!
Fever?
Sick?
Cough?

COVID-19?

Valley Fever?

Please get tested for both.
Anyone can get valley fever. Healthy people, sick people, dogs, cats, other pets, etc.

**WEAR A MASK**

If you think you have valley fever, ask your doctor to test you. People with valley fever should stay out of areas with blowing dust, and wet the ground before disturbing soil.

**Signs and Symptoms**
- Headache
- Chills
- Shortness of breath
- Coughing
- Night sweats
- Rash
- Sore throat
- Weight loss
- Chest pain
- Coughing up mucus/blood
- Joint pain/swelling
- Fever
- Exhaustion

*Valley Fever and COVID-19 can have similar symptoms. Ask your doctor if you are worried.*
Valley Symptoms

- Fever
- Cough
- Fever
- Sweating at night
- Loss of appetite
- Muscle aches
- Rash

Watch out if you're in these states:

Contagious

60% of people don't show any symptoms

Infection in the lungs

Even pets can get it

Breathing in fungus
Cough? Chills? Fever? Headache?

Get Tested For Valley Fever

What is Valley Fever? A fungal infection caused by Coccidioides.

Other symptoms include:
- Chest pain
- Weight loss
- Bumps/rashes on skin
- Shortness of breath
- Fatigue

Stay out of blowing dust. Anyone can get infected. Even cats!
BEWARES

COVID-19

SICK

Fever

Cough

Stay Safe

Wash Your Hands!

Valley Fever is Sneaky
Anyone can get Valley Fever, even pets!

Symptoms:
- Fever
- Chills
- Coughing
- Exhaustion

See a doctor to get tested.

Caused by fungus.

Stay out of blowing dust.

Wet the ground before disturbing the dirt.
Both humans and animals can get Valley Fever.

You can get valley fever by breathing in the Coccidioides fungus.

Valley fever can be contracted in the Southwest states of the US.

Valley Fever attacks your lungs. In extreme cases it can turn into coccidioidomycosis.

A repellent for Valley Fever is to just wear a mask. This blocks the airborne fungi from getting to your lungs.
Valley Fever

Go Get Checked

Coughing
Fever
Fatigue

Symptoms:
- Coughing
- Fever
- Fatigue
Valley Fever and Corona Virus have similar symptoms but the causes and treatment of both is different.

### Prevention
- Use more water to settle dust.
- Wear gloves.

### Dry Weather States
- Most affected States - USA
- Valley Fever
- Corona Virus

### Causes of Valley Fever
- Valley Fever is seen in both humans and animals.
- Valley Fever is caused by the fungus *Coccidioides immitis*.

### Causes of Corona Virus
- Corona Virus is caused by the *SARS-CoV-2* virus.

### Symptoms of Valley Fever
- Headache
- Fever
- Runny nose
- Muscle pain

### Symptoms of Corona Virus
- Fever
- Fatigue
- Dry cough
- Difficulty breathing

### Treatment
- Valley Fever: Medicines to support immune system
- Corona Virus: Vaccinations, Supportive care

### Infographics
- Calendar
- Lungs
- Map of states affected

### COVID-19 Facts
- They both can be contracted through respiratory droplets or contact with infected surfaces.
Valley Fever!

Stay out of dust!

Anyone can get it!

Fever and rash!

Fatigue
Chest Pain! Valley Fever Rashes!
Fungi in the Dirt
Fever!
Coughing!
Contact Your Doctor and Get Tested!
Shortness of Breath!