Valley Fever

Know the Symptoms:
- Fevers
- Chills
- Affects Lungs

Stay out of Blowing Dust

Coughing Exhaustion

See a doctor to get a test

Wet the ground before disturbing the soil

ANYONE can get it
Even dogs

Caused by fungus
VALLEY FEVER
Valley Fever can be caused by dust!

Any one can get Valley Fever!


Dogs and Animals can get Valley Fever too! Anyone can get it!

Make sure to check in with your doctor if you have signs or symptoms.

-By: Aubree Beaton 2020

California, Arizona, New Mexico, Texas (High Risk)
Valley Fever

Valley Fever is a rare fungus. There are less than 200,000 US cases per year.

Common States to get Valley Fever:

Dogs are the most common animals to get Valley Fever. Dogs, cats, horses, and many more animals that can get Valley Fever.

Symptoms

- Coughing
- Rash
- Shortness of breath
- Fatigue
- Pain in chest
- Joint pain

If you have Valley Fever, you may have a rash.
VALLEY FEVER

Infection in the Lungs

It's airborne

Some of the most infected states:
- Nevada
- Utah
- Arizona
- California

Anyone can get it! Pets included!

Some symptoms are:
- Fever
- Rashes

The fungus grows in the soil.

Stay away from dust!

Wear a mask!
It spreads to the lungs and other parts of the body. It is in the dirt you kick up sometimes.

I hate Valley Fever.

It can have no symptoms so you don’t know if you have it. Anyone can get it even healthy people and pets.
VALLEY FEVER
LUNG INFECTION

60% DON'T SHOW SYMPTOMS

Even healthy people and pets can get this disease!

Valley Fever is caused by a fungus. It infects the lungs when breathed in. It is found in dirt and is not contagious.

AZ is one of the states that has the most cases.

Stay out of dust and wet dirt before playing in it.

Fatigue, sweating at night, loss of appetite, chest pain, muscle pain, and joint aches and swelling.
Valley Fever

Anyone can get Valley Fever!

Symptoms:
- Cough
- Sweating at night
- Fever
- Exhaustion
- Loss of appetite
- Chest pain
- Muscle and joint aches

Grow in the soil of:
- CA
- NV
- UT
- AZ
- NM
- TX

- Humans and pets can get it.

Ask your doctor to test you.
ANYONE CAN GET VALLEY FEVER

Concerned for your pet and yourself
GET TESTED TODAY!

VALLEY FEVER SYMPTOMS

PETS: dry cough, fever, lack of appetite, depression.

HUMANS: cough, fever, fatigue, headache, night sweats, joint pain, rash, etc.
VALLEY FEVER

- Avoid blowing dust
- Go to your doctor to get tested if you think that you might have VALLEY FEVER.
- Don't kick up dust.
Anyone can get Valley Fever

Symptoms of Valley Fever:
1. Cough
2. High fever
3. Rash

Things you can have:
- Sore muscles
- Itchy skin
- Hot fever
- Chest pain
- Exhauted
- Tan
- Red bumps

Warning:
Do not breathe this soil!

Sweating at night
Know the signs and symptoms!

Valley Fever:
- Fatigue
- Fever
- Weight loss
- Chest pain
- Rash
- Coughing
- Chronic
- Anemia
- Bloody sputum
- Lungs nodules
- Mentally ill
- Chilly night sweats

Be sure to ask your doctor if you think you have Valley Fever.

Be careful, COVID-19 and Valley Fever have similar symptoms.

COVID-19:
- Fever
- Shortness of breath
- Fatigue
- Headache
- New loss of taste or smell
- Sore throat
- Coughing
- Chronic
- Persistent

Stay out of blowing wind!

Wet the ground before distributing the soil.

ANYONE can get Valley Fever!

Keira Burch
Dogs
Healthy People
Other Pets
Valley Fever

You can get Valley Fever in Most of Arizona.

You get it by breathing in particles of dust with Valley Fever on it.

People like construction workers are higher risk.

Just like covid, it can help to wear a mask.

The Symptoms of Valley Fever

60% of the people who get Valley Fever have no symptoms.

- Tiredness
- Fever
- Chest pain
- Muscle and joint pain
- Coughing
- Loss of Appetite
- Sweating at night

Chronic Valley fever has a lot worse symptoms.

Extras

It is not contagious! It is in more than just Arizona.

I'm fine!

Animals can get it, too.
VALLEY FEVER

Valley Fever can be caused by dust storms! (things like dirt can cause Valley Fever)

Symptoms of Valley Fever could be:
Fatigue, cough, fever, chest pain, joint aches, chills. 

These are the most common, similar to Covid-19.

Pets can get it too! even healthy people!

Callydonna

Reddy

It can happen to anyone! Be Safe!!!

By mia becker 2020
VALLEY FEVER SAFETY POSTER

STOP!!

- Wet soil before digging
- Planting grass to prevent infection
- Wear N95 mask
- Ask your doctor to test you

- Keep your immune system healthy
- Stay indoors
- Avoid travels
- Avoid contact with disturbed soil

VALLEY FEVER

PREVENTION IS BETTER THAN CURE...!!
Beware of Valley Fever

WHAT IS IT?
An infection of the lungs caused by a fungus found in the soil.

WHAT ARE SIGNS & SYMPTOMS?
Look for flu like symptoms like fever, cough, headaches, exhaustion, etc.

WHO CAN GET IT?
Anyone... including your pets!
VALLEY FEVER

Symptoms:
- Cough
- Fever
- Shortness of breath
- Headache
- Rash on upper body or legs

It can also affect dogs.

Research

Please be aware of your health. Help spread the right information to help yourself and others.

Ronare Padua
VALLEY FEVER

Symptoms:
- Coughing
- Exhaustion
- Fever

Dogs can get Valley fever too!

Stay out of blowing dust!
My name is cocci

My name is coronavirus

INFECTION

- Fungal
- Endemic
- Non-contagious

- Viral
- Pandemic
- Contagious

We both make you sick . . . !!
Valley Fever Symptoms
- Fever
- Cough
- Exhaustion
- Fatigue
- Sweat at night
- Loss of appetite
- Chest pain
- Muscle and joint pains
- Rash
- Hives

Try fever because that’s part of our name!

Attack with the same symptoms of Coronavirus!

Oh, no!
But what about Bob the dog?

Ah, hhhhhhhhhhhhh!!

But first, I need to get inside and away from this storm!

I need to ask my doctor if I have Valley Fever now!
VALLEY FEVER

Shortness of Breath

Cough

Headache